London Eating Disorders Conference 2017

A three-day practical conference & exhibition

Institute of Education, London
22nd, 23rd & 24th March 2017

Pre-conference training workshop on 21st March

PROGRAMME ORGANISERS
- Rachel Bryant-Waugh (UK)
- Ian Frampton (UK)

SCIENTIFIC ADVISOR
- Kenneth Nunn (AUS)

PROGRAMME COMMITTEE
- Josie Geller (CAN)
- Øyvind Rø (NOR)
- Roz Shafran (UK)
- Steve Wonderlich (USA)

KEYNOTE SPEAKER
- Dieter Wolke (UK)

Follow us on Twitter: @MAHealthEvents
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For more information or to register your interest, please email us at:
conferences@markallengroup.com
or visit www.eatingdisordersconference.com
Dear Colleagues

We are delighted to invite you to our 13th London International Conference on Eating Disorders in March 2017. Each of our previous Eating Disorders conferences far exceeded our expectations in terms of quality of programme and number of attendees from all over the world. We are understandably proud of how international the meeting has become.

Eating Disorders 2017 will bring together participants from all over the world to discuss the key topical issues in the field of eating disorders.

As usual the latest ideas and research findings will be presented by leaders in the field. We are delighted that our keynote speaker will be Professor Dieter Wolke from University of Warwick, UK, who is an international expert on developmental psychology. In addition, there will plenary sessions on the topics of 'Inhibitory control and eating disorders', 'Update on factors influencing treatment outcome' and 'Service user and carer perspectives on eating disorder research, service design and treatment'.

As always, we will be accepting abstract submissions for anyone wanting to present in our clinical workshop, short paper and poster sessions.

The conference will once again be held at one of London’s premier academic institutions: The Institute of Education, University of London. Situated in the heart of London’s sightseeing and shopping districts, with the British Museum a few paces away and with close proximity to all mainline connections, it will allow you to make the most of your visit to London whilst at the conference.

We look forward to offering you our personal welcome to London in March 2017.

Very warm regards,

Dr Rachel Bryant-Waugh       Dr Ian Frampton

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**SHORT PAPER AND POSTER PRIZE**

**WIN A FREE DELEGATE PLACE FOR 2019**

Poster and short paper submissions selected for presentation at the conference will be voted on during the conference by the audience and committee. The winning submissions will be awarded a free delegate place (worth up to £1000 at the 14th London International Eating Disorders Conference in March 2019).

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**BURSARIES**

There are a limited number of bursaries available. Please write or email to: Lisa Freeman, Conference Manager, MA Healthcare Ltd, Dulwich Road, London SE24 0PB. Email: lisa.freeman@markallengroup.com

Requests must be received by the 28th November 2016

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**NEW RESEARCHER AWARD**

New to 2017: The Professor Bryan Lask Rising Star in Research Award will recognise the talent and expertise of promising new researchers in the field of eating disorders. The winner of this Award will be decided by the Programme Committee and announced at the conference.
Objectives

- To update participants on the latest research and developments in evidence based practice
- To provide information about research and clinical activity around the world
- To provide an opportunity for clinicians to share skills and experiences
- To equip participants with practical skills and techniques for the assessment and management of eating disorders

Who should attend?

Eating Disorders 2017 will appeal to all medical and healthcare professionals who are interested in the assessment and treatment of people with eating disorders and who would like to learn more about the very latest developments in this field.

This will include:
- Counsellors
- Dieticians
- Family Therapists
- General Practitioners
- Family Physicians
- Nurses
- Occupational Therapists
- Paediatricians
- Physicians
- Physiotherapists
- Psychiatrists
- Psychologists
- Social workers
- Self help group facilitators
- Trainees
- Teachers
- Youth workers

Conference information

Programme organisers
Rachel Bryant-Waugh (UK)  Ian Frampton (UK)

Keynote speaker
Dieter Wolke (UK)

Programme committee
Josie Geller (CAN)  Øyvind Ro (NOR)
Roz Shafran (UK)  Steve Wonderlich (USA)

Scientific Advisor
Kenneth Nunn (AUS)

Plenary themes
1. Inhibitory control and eating disorders
2. Update on factors influencing treatment outcome
3. Service user, carer and public policy priorities

Conference format

The three day conference combines plenary sessions, concurrent sessions, short papers and posters.

These will convey the very latest ideas and research findings in the field of eating disorders. The aim is to encourage maximum response from participants and a lively exchange of ideas. The conference offers participants the opportunity to choose six 90 minute sessions out of a total of 36 to maximise the relevance of the meeting to each individual.

3 EASY WAYS TO BOOK

✉ Complete and return the registration form on back page
📞 020 7501 6762
🌐 www.eatingdisordersconference.com
Tuesday 21st March

13.30-14.30 Pre-conference registration

14.30-17.00 PRE-CONFERENCE TRAINING WORKSHOP
Medical complications of anorexia nervosa and bulimia and their treatments
Philip Mehler (USA)

Wednesday 22nd March

08.00-09.30 Registration and refreshments

09.30-09.45 Welcome and opening remarks:
Rachel Bryant-Waugh (UK), Ian Frampton (UK)

09.45-10.30 KEYNOTE ADDRESS Restraint in early childhood: implications for later development
Dieter Wolke (UK)

10.30-11.00 Refreshments and exhibition viewing

11.00-12.30 PLENARY 1: UNDERSTANDING RESTRAINT AND ITS RELEVANCE TO EATING DISORDERS
"Restricting to bingeing - the paradox of restraint in eating disorders"
CHAIR: Ian Frampton (UK)

   i) Inhibitory models/fear extinction and application
   Michelle Craske (USA)

   ii) Inhibition, restraint and extinction of appetite
   Anita Jansen (NED)

   iii) Breakdown of inhibition in eating disorders
   Laurence Claes (BEL)

12.30-14.00 Lunch and exhibition viewing

13.00-13.45 LUNCHTIME SESSIONS

1) Meeting together: an experiential group, part 1
   John Adlam (UK)

2) Update on deep brain stimulation
   Rebecca Park, Ludvic Zrinzo (UK)

14.00-15.30 CONCURRENT SESSION 1

   1) The Eating Disorder Healthy Eating Guide – a comprehensive nutrition tool for eating disorder clinicians to use with their patients
   Caitlin McMaster, Susan Hart (AUS)

   2) The therapist’s body: exploring its role and influence in the treatment of eating disorder patients
   Gabrielle Brady, Sophie Rae (UK)

   3) Joint assessment for individual therapy with children and adolescents with eating disorders: psychotherapy or psychology?
   Tara Porter, Elizabeth Ansanobre (UK)

   4) Evaluation of the Goal Attainment Scaling Tool as an outcome measure tool within eating disorders teams
   Sarah Owen, Ursula Philpot (UK)

   5) Using exposure and response prevention in eating disorder treatment: moving towards a transdiagnostic conceptualisation and rationale for transdiagnostic treatment approaches
   Norman Kim (USA)

15.30-16.00 Refreshments and exhibition viewing

16.00-17.30 CONCURRENT SESSION 2

1) Innovations in dietetic practice in the treatment of eating disorders: Guided self-help, young people and student well-being
   Marilyn Conroy, Elisabeth Tristram, Rubina Khatun (UK)

2) Treatment of perfectionism: controversies and compromise
   Roz Shafran (UK)

3) Expert by experience and patient advice and liaison services (PALS): the development of a new advocacy role in a child and adolescent inpatient eating disorder unit
   Amy Lucas, Sophie Nesbitt, Sarah Fuller (UK)

4) A recovery-based group for young people with eating disorders and their families
   Francesca Emanuelli, Jo Carlile, Philippa Buckley (UK)

5) Exploring mechanisms underlying compulsive behaviour in anorexia nervosa: implications for treatment
   Caitlin Lloyd, Anne Haase, Ian Frampton (UK)

17.30-19.30 Official poster viewing and drinks reception

Thursday 23rd March

08.00-09.15 Registration, refreshments, poster and exhibition viewing

09.15-10.45 PLENARY 2: UPDATE ON FACTORS INFLUENCING THE COURSE AND OUTCOME OF EATING DISORDERS
"Are we any further forward in understanding how to influence treatment outcomes?"
CHAIR: Josie Geller (CAN)

   i) Patient and therapist factors
   Anna Keski-Rahkonen (FIN)

   ii) The relationship between treatment alliance and outcome in eating disorders: do patients get better because they like the therapist, or like the therapist because they are getting better?
   Jennifer Thomas (USA)

   iii) Why treatment protocols matter, and why we dislike them so much
   Glenn Waller (UK)

10.45-11.15 Refreshments, poster and exhibition viewing
11.15-12.45 SHORT PAPER SESSION A: PARENTS

i) Is burden as an expression of grief in anorexia nervosa?
   Nathalie Godart, Giulia Piva, Jeanne Duclos, Sylvie Berthoz (FRA)

ii) Parental expressed emotion: explanatory factors in anorexia nervosa
   Jeanne Duclos, Meritxell Camprecios, Nathalie Godart (FRA)

iii) Longitudinal examination of the interaction of temperamental reactivity and parental influence on disordered eating in adolescent females
   Ross King, Sylvia Sefa, Elizabeth Hughes, George Youssef, Daniel Le Grange, Eleanor Wertheim, Craig Olsson (AUS)

iv) Involving carers to improve care
   Duncan Campbell, Jill Dick, Clare Rogerson (UK)

v) My child is better….. but what about me? What happens to parents once their child has recovered from an eating disorder
   Genevieve Pepin, Christine Headlam (AUS)

11.15-12.45 SHORT PAPER SESSION B: BRAINS

i) Attachment and social relationships: influence on the hypothalamus-pituitary-adrenal axis functioning in patients with eating disorders
   Alessio Maria Monteleone, Umberto Volpe, Francesca Pellegrino, Giovanni Fico, Valeria Ruzzi, Palmiero Monteleone (ITA)

ii) The role of perfectionism in the eating disorder symptom outcome of children and adolescents with eating disorders
   Desley Davies, Jack Johnston, Kimberley Hoiles, Chloe Shu, Julie McCormack, Patrick Clarke, Sarah Egan (AUS)

iii) Proactive and reactive inhibitory control in eating disorders
   Savani Bartholdy, Samantha Rennals, Iain Campbell, Ulrike Schmidt, Owen O’Daly (UK)

iv) Young people’s feedback of individual cognitive remediation therapy (CRT) in an inpatient eating disorder service: a qualitative study
   Lucia Giombini, Abigail East, Kate Tchanturia (UK)

v) Is the relationship between anorexia nervosa and obsessive compulsive pathology dependent on the content of obsessions and compulsions?
   Caitlin Lloyd, Maria Överås, Oyvind Rø, Bas Verplanken, Anne Haase (UK/NOR)

11.15-12.45 SHORT PAPER SESSION C: PREVENTION COURSE AND OUTCOME

i) sBody project: Internet-based interactive programme for large scale prevention of eating disorders
   Ata Ghaderi (SWE)

ii) Intervening early in eating disorders: what prompts parents to act on their concerns
   Rachel King (AUS)

iii) BAM! – An evaluation of our BAM (Building and Assessing Motivation) package to increase motivation to change and reduce disengagement rate
   Matthew Cahill, Kate Flynn, Clare Rogerson (UK)

iv) Can emergency hospital admission of adolescent girls with restrictive eating disorders be predicted?
   Helena Salonen Ros, Ingemar Swenne (SWE)

v) Are lifetime affective disorders predictive of longterm outcome in severe adolescent anorexia nervosa?
   Benjamin Carrot, Leslie Radon, Jeanne Duclos, Nathalie Godart (FRA)

11.15-12.45 SHORT PAPER SESSION D: BODIES AND BIOLOGY

i) Cyberbody: A promising assessment tool for body dissatisfaction among eating-disordered patients
   Johana Monthey-Blanc, Marie-Pierre Gagnon-Girouard, Jessica Lacoursière Girard, Stéphanie Bouchard (CAN)

ii) How do peers impact adolescent body image? Examining a newly developed conceptual model
   Ursula Kenny, Michal Molcho, Colette Kelly (ROI)

iii) Establishing common practice when naso-gastric tube feeding, with physical interventions, for young people with anorexia nervosa
   Sarah Fuller, Oliver Street (UK)

iv) Warnings about the impact of eating disorders on fertility: patient perspectives
   Su Holmes (UK)

v) Changes in the compulsive exercise test (CET) during family-based treatment of adolescents with restrictive eating disorders
   Ingemar Swenne (SWE)

11.15-12.45 SHORT PAPER SESSION E: FRIENDSHIPS AND RELATIONSHIPS

i) Understanding the therapeutic relationship between people with anorexia nervosa and their therapists
   Alison Seymour, Gail Boniface, Tina Gambling (UK)

ii) Mentalising ability in adolescents with anorexia nervosa
   Tom Jewell, Karima Susi, Emily Cooper, Nico Mueller, Alison Eivors, Peter Fonagy, Ivan Eisler (UK)

iii) Impairment of social function in young females with recent-onset anorexia nervosa and recovered individuals
   Mette Bentz, Jens Richardt Moellegaard Jepsen, Tine Pedersen, Cynthia M Bullik, Lennart Pedersen, Anne Katrine Pagsberg, Kerstin J Plessen (DEN)

iv) Do friendships between adolescents on eating disorder units hinder recovery? An exploration of friendship quality in relation to motivation to change
   Anja Malmedier-Muehlselegel, Juliet K Rosewall, Jared G Smith, Pippa Hugo, Bryan Lask (UK)
v) Desirability and ambivalence: Clients’ experiences of working with recovered therapists
   Gabrielle Brady, Jay Watts (UK)

12.45-14.00  Lunch, poster and exhibition viewing

13.00-13.45  LUNCHTIME SESSION
   1) Neuropsychology Special Interest Group
   Ian Frampton (UK)

14.00-15.30  CONCURRENT SESSION 3
   1) Mindful eating from the dialectical perspective: the middle path to freedom from forbidden foods
   Angela Klein (USA)
   2) Enough!
   Tony Jaffa (UK)
   3) An introduction to integrative cognitive affect of therapy (ICAT) for bulimia nervosa
   Steve Wonderlich
   4) Peer support for eating disorders
   Kathy Logie, Desley Davies, Kim Hoiles (AUS)
   5) Exploring the socio-cultural in eating disorder treatment: advances, possibilities, challenges
   Su Holmes, Jon Wilson, Sarah Drake (UK)

15.30-16.00  Refreshments, poster and exhibition viewing

16.00-17.00  CONCURRENT SESSION 4
   1) Meal support on eating disorder units. Three different approaches
   Trine Hage, Tina Skotnes (NOR)
   2) Under fire: aggression, anxiety and avoidance
   Lisa Mukherjee (UK)
   3) Bridging the gap: developing an intensive support programme for clients with eating disorders in community treatment
   Kerry Hill, Lynn Oliver (UK)
   4) What makes it hard to be collaborative (even when we want to be)? Mindfulness and compassion in clinical practice
   Josie Geller (CAN)
   5) Alienation, anomie, anxiety and anorexia: eating disorders and terrorism
   Sally Byrne, Annaileise Robertson (UK)

17.30-19.30  Official poster viewing and drinks reception

Friday 24th March

09.00-09.30  Registration, refreshments, poster and exhibition viewing

09.30-11.00  CONCURRENT SESSION 5
   1) Parental empowerment in the treatment of anorexia nervosa: Do all roads lead to Rome?
   Cynthia Ruosso (UK)
   2) Motivational chairwork: A novel method for enhancing motivation and resolving ambivalence in eating disorders
   Matthew Pugh, Caroline Salter (UK)

11.00-11.30  Refreshments, poster and exhibition viewing

11.30-13.00  CONCURRENT SESSION 6
   1) Diagnosing adult patients with feeding and eating disorders: challenges and pitfalls
   Øyvind Ro
   2) Competition and envy: key issues in resolving eating disorders
   Joanne Gerr (USA)
   3) Mind the Gap! Developing a flexible and seamless transition from CAMHS to adult eating disorder services
   Philippa Buckley, Kuda Kali, Kate Pryce (UK)
   4) To contemplate or not to contemplate: that is the question...
   Clare O’Reilly, Debbie Woodford (UK)
   5) “Not measuring up”: Attending to the emotional impact of clinical outcome evaluation
   Caroline Plumb, Helen Hewitt, John Adlam (UK)

13.00-14.15  Lunch, poster and exhibition viewing

13.15-14.00  LUNCHTIME SESSION
   1) Neuropsychology Special Interest Group
   Ian Frampton (UK)

14.00-15.30  CONCURRENT SESSION 3
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17.30-19.30  Official poster viewing and drinks reception

15.45-16.00  CLOSING REMARKS

16.00  CLOSE OF CONFERENCE
**THE VENUE**

Institute of Education, University of London, 20 Bedford Way, London, WC1H 0AL
Tel: 0207 612 6000  www.ioe.ac.uk

**Eating Disorders 2017** is being held at The Institute of Education (IOE), University of London, 20 Bedford Way, London WC1H 0AL and getting to the college could not be simpler. Within easy access of all London’s major airports, superb connections from all mainline rail stations including King’s Cross, St Pancras (Eurostar) and Euston, just minutes away on foot, and an underground station within a few yards of the college and moments from numerous hotels.

Bloomsbury is the traditional haunt of London’s literary set and close to many of London’s famous landmarks including The British Museum. A short walk to the south are the narrow streets of Soho and Covent Garden and the West End theatres surrounding Shaftesbury Avenue and Covent Garden, a shoppers’ paradise, home to the Royal Opera House and the London Transport Museum. To the south-west is Oxford Street. For more exclusive shopping, walk on to Regent Street, Bond Street and the glittering attractions of Mayfair. If you’re looking for green space, head north towards Regent’s Park and London Zoo. Both are close to Camden Town, the site of a series of lively street markets. You will have plenty to do after an educational and stimulating day at the conference.

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**ACCOMMODATION DETAILS**

There are a great variety of hotels to choose from in the Bloomsbury area ranging from 5 star luxury to low cost accommodation. Here are a few options to assist you when making a reservation.

**Grange Hotels**
Grange Hotels have 5 hotels within close proximity to the conference venue and are offering a special rate for delegates attending **Eating Disorders 2017**.

To make a reservation please contact Grange Hotels central reservations quoting: ‘MA Healthcare’.
Tel: +44 (0)207 233 7888  Fax: +44 (0)207 630 9897  Email: reservations@grangehotels.com

**The Hilton London Euston Hotel**
A 4 star hotel minutes from Euston Station and the conference venue. **Address**: 17-18 Upper Woburn Place, Bloomsbury, London WC1H 0HT, UK
Tel: +44 (0)20 7943 4500  Fax: +44 (0)20 7943 4501  Email: reservations.euston@hilton.com

**Lower cost accommodation Imperial London Hotels**
A chain of six hotels all within walking distance of the venue ranging from student rooms through to 3 star. In order of quality:- Imperial (3 star), President, Bedford, Royal National, Tavistock (students) and County (students)
Tel: +44 (0)207 2787 871/2/3 or  Email: info@imperialhotels.co.uk  Web: www.imperialhotels.co.uk
### Ways to book:

- **online at:** [www.eatingdisordersconference.com](http://www.eatingdisordersconference.com)
- **Booking line:** +44 (0)207 501 6762
- **Cheque** payable to MA Healthcare Ltd (in Sterling) to the address below
- **Fax:** +44 (0)207 978 8319
- **Request an invoice**

### Conference documentation
- Certificates of accreditation
- Morning refreshments, lunch and afternoon tea
- Admittance to the exhibition and poster sessions

**Event contact:** Sam on +44 (0)207 501 6679

If you are interested in exhibiting or sponsoring this event, please contact us.

Exhibition & Sponsorship

All bookings will be confirmed by email, unless otherwise stated. Please contact us if you have not received your confirmation 5-7 days after submitting your booking.

### Exhibition & Sponsorship

#### Delegate Rates

Please tick the box as applicable

- **Professors, Consultants, GPs & Industry Representatives**
  - From 27th Sept to 19th Dec 2016: £980.00 (incl VAT)
  - After 20th Dec 2016: £1230.00 (incl VAT)
  - All others
    - From 27th Sept to 19th Dec 2016: £875.00 (incl VAT)
    - After 20th Dec 2016: £1100.00 (incl VAT)

- I would like to attend the pre-conference training workshop on 21st March

#### Payment Details:

- **I wish to pay by Debit/Credit Card**
  - Please debit my [ ] Visa [ ] Mastercard [ ] Maestro [ ] American Express

  - Card no

  - Valid from [ ] [ ] Expiry date [ ] [ ]

  - Issue no (Maestro cards only) [ ] 3 digit security code [ ]

  - Signature

  - Date

- **Bank transfer**
  - Account: MA Healthcare Ltd
  - Account: HSBC
  - Address: 31 Holborn, London EC1N 7HR
  - Account no: 21188127
  - Sort Code: 40-05-03
  - IBAN No: GB46MIDL40050321188127
  - BIC/SWIFT No: MIDGB2115N

- **Invoice (UK residents only)**
  - Requesting an invoice and signing this form will secure your place at the conference. All invoices must be paid in full before the event. See booking condition 1.

  If you have authorisation from your trust/department to attend this event and require an invoice, please provide the correct billing address or shared services address (including the relevant payable codes) and a purchase order number.

  We are unable to process any bookings without this information. We are unable to send out invoices to home addresses.

#### Conference fee includes

- Admittance to all sessions
- Admittance to the exhibition and poster sessions
- Morning refreshments, lunch and afternoon tea
- Certificates of accreditation
- Conference documentation
- Invitation to join us and your colleagues from around the world at both the social events planned for the evenings of 22nd & 23rd March 2017

#### Confirmation of booking

All bookings will be confirmed by email, unless otherwise stated. Please contact us if you have not received your confirmation 5-7 days after submitting your booking.

#### Exhibition & Sponsorship

If you are interested in exhibiting or sponsoring this event contact: Sam on +44 (0)207 501 6679.

### How did you hear about the conference?

- [ ] Direct mailing
- [ ] Email
- [ ] Recommendation
- [ ] MA Healthcare Events website
- [ ] Other website (please specify)
- [ ] Advert in Journal (please specify)
- [ ] Other (please specify)

### Booking conditions

MA Healthcare Ltd (The Company) accepts bookings under the following conditions:

1. Returning the signed registration form constitutes a firm booking.
2. The Company reserves the right to cancel a booking if payment is not made six weeks prior to the conference taking place. Any outstanding payment becomes the responsibility of the signatory made on the reservation form.
3. Written cancellations received six weeks prior to the conference will be accepted and a refund less a 10% administration fee will be made. After this date, no refunds can be given. Verbal cancellations will not be accepted. If written cancellation is not received six weeks prior to the conference full payment will still be due irrespective of whether the delegate attends the conference. Substitute delegates are welcome at any time.
4. MA Healthcare Ltd reserves the right to make changes to the speakers and programmes without prior notice. Speakers approached at time of print.
5. MA Healthcare Ltd shall not have any liability, except for death or personal injury caused by its negligence, beyond the value of the conference. Personal arrangements including travel, subsistence and accommodation relating to the conference are made by delegates at their own risk.
6. We will be seeking support from pharma companies for this conference.

### Full terms and conditions can be viewed at:

www.markallengroup.com/privacypolicy

### Mark Allen Group Preferences

Please note that all of our e-mail alerts and newsletters provide opt-out facilities, which allow you to unsubscribe to these communications.

Third Party Preferences

Mark Allen Group are also required to certify that we do not allow carefully selected third parties to contact you with our products and services which we think may be of interest to you. If you would prefer not to receive these communications, please tick the box.

### STAY INFORMED

Please return to: Eating Disorders 2017, MA Healthcare Ltd, St Jude’s Church, Dulwich Road, Herne Hill, London SE24 0PB, UK

### For more information visit [www.eatingdisordersconference.com](http://www.eatingdisordersconference.com)

or telephone +44 (0)207 501 6762 email: conferences@markallengroup.com

### Please return to: Eating Disorders 2017, MA Healthcare Ltd, St Jude’s Church, Dulwich Road, Herne Hill, London SE24 0PB, UK

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